



Healthy Habits 2017-2018

Strategy #1

MiPHY data

- **Action Step I:** 2017-2018 MiPHY data will be collected and examined, as well as work with “whole school” contact to develop appropriate fliers
- **Accomplishments:**
 - 7th, 9th, & 11th grade students (approx. 180 students) were surveyed successfully
 - Will create fliers in the 18-19 school year

Strategy #2

Parent Database

- **Action Step 1:** Create tools and resources to help parents in regards to 2015-16 MiPHY data needs, as well as “good parenting” resources:
 - Social Media
 - Cutting
 - Depression
 - Sexting
 - Communication/Accountability

Strategy #2

Parent Database

- **Accomplishments:**

1. Created resource inserts in report cards
2. Distributed handouts at conferences
3. Published Facebook informational posts
4. Sent School Messenger alerts to parents
5. Created Zander video series for elementary-for summer 2018

Strategy #3

Staff Database

- **Action Step I:** Read the Fostering Resilient Learners and developed a plan to share out regarding tools educators can use to best relate to various topics in the book including:
 - Understanding Trauma
 - Cement Shoes
 - Relationships
 - Etc.

Strategy #3

Staff Database

- **Accomplishments:**
 - Presented to K-12 staff on trauma and the effects on learning
 - Created lessons to introduce Upstairs/Downstairs brain to students
 - Created an implementation plan for 2018-19

Strategy #4

Behavior Data Dig

- **Action Step I:** Examined behavior data in the secondary building, identified areas of concern and presented this data and suggested interventions
- **Accomplishments:**
 - Reviewed data to find trends
 - Met with Lara Slee from ISD to discuss findings to set a direction.
 - Created survey for staff and students

Strategy #4

Behavior Data Dig

- **Data Trends:**

Girls: Were the smaller percent of referrals and usually not repeat offenders

Boys: Made up 75%+ of the overall referrals and had more repeat offenders

- **Survey Results:**

- Aggie Bucks are not as utilized in the HS

- Consistency addressing minor regulations- among teachers

- Consider addressing variation between MS/HS handbooks

Strategy #5

PALS

- **Action Step I:** Teach problem-solving skills to help resolve student conflict
- **Accomplishments:**
 - I. Implemented Accountable Aggies grades 3-5

Strategy #5

PALS

- **Action Step 2:** Help promote a positive, supportive and productive school experience for students K-12

- **Accomplishments:**
 - Implemented PALS in the High School
 - a. attended Mike Smith Leadership Conference
 - b. Participated in Aggie Now Change up
 - c. Participated in Exchange Day with Sexton High School
 - d. Organized two assemblies for student voice concerning school violence
 - e. Warm Fuzzy Day (HS)

Strategy #6

7 Mindsets

- **Action Step I:** Continue to implement 7 Mindsets, and purposefully educate parents about the program
- **Accomplishments:**
 - Created yearly calendar and mini blurbs for 7 Mindsets
 - Three kick off ideas (Everything is Possible, Time is Now, 100% Accountable)
 - Parent Newsletters sent home, Ideas for home: Dos and Don'ts, Activities
 - K-2 Curriculum organized

Strategy #7 and #8

Growth Mindset and Grit

Action Step 1: Teach staff growth mindset research by Carol Dweck, develop activities for K-12

Action Step 1: Teach staff grit research by Angela Duckworth as well as develop an implementation plan, including activities to incorporate grit in K-12 classrooms

Strategy #7 and #8

Growth Mindset and Grit

Grit & Growth Mindset:

- Aggie Weekly blurbs to educate staff about various resources/ideas they could use in the classroom to promote Growth Mindset and Grit (GritBits and GROWments)
- Introduced PERTs Growth Mindset curriculum with 9th graders (Semester 2)
- Created summer Facebook posts to continue to foster grit & a growth mindset

Plan for 2018-19

Strategy #1: MiPHY data

- Examine 2017-2018 data
- Utilize Melea Bullock- Certified Prevention Specialist & Coalition Coordinator from Eaton RESA to dig into data, and help communicate needs with staff and parents

Strategy #2: Parent Database

- Continue to utilize MiPHY data to educate parents & staff about resources to support healthy habits
- Combine with the strategy #3 “Staff Database” group

Strategy #3: Staff Database

- Will roll out the upstairs/downstairs brain concept lessons to staff K-12 in 2018-2019 school year
- Continue to educate teachers with calming strategies for students, mindfulness tips through the Aggie Weekly, and Lesson plans throughout the year
- Send out literature to parents about trauma, mental health and effects on learning and helpful hints for home.
- Work with Melea Bullock from Eaton RESA to support trauma-based instruction, classroom management, and suicide prevention

Plan for 2018-19

Strategy #4: Behavior Data Dig

With the addition of a new High School building and George Batsche research, a revamp of PBiS expectations and procedures will be completed by the Healthy Habits team and create a PBiS district team to support the initiative long term.

Strategy #5: PALS

PALS will repeat strategies and implement new ones K-12 (i.e. PALS days). The goal is to have a continuous HS PALS group of students that foster positivity and growth among all members of the Aggie Family.

Next year, they would also like to extend the PALS concept to the Middle School so that there will be a connection as students transition from Middle to High School.

The elementary will continue to train new students to join the Accountable Aggies program while expanding the strategies for conflict resolution. Additionally, the Accountable Aggies plan is to install a buddy bench on the playground to encourage inclusion and acceptance.

Plan for 2018-19

Strategy #6: 7Mindsets

This group will combine with the PALS group in 18-19. They will continue to ensure 7Mindsets stays at the forefront by creating the following:

- Kickoffs/Challenges through the year, total of 4
- Scorevision/Office flat screen announcements
- Sending home parent newsletters, Creation of Facebook posts
- Creative ideas to make it even more part of the Aggie DNA
- Monitoring implementation by teachers K-12, survey feedback at beginning of year/end of year

Strategy #7/8: Growth Mindset & Grit

This group will dissolve, however to ensure this stays in our Aggie DNA will have the following as a norm:

- New teachers will receive education on both concepts
- Student announcements will be given throughout the year to remind students about Grit/Growth Mindset
- Student-made videos will be reshowed throughout the year and posted on Facebook for parents
(New ones could be created by Leadership Class in the High School)
- Continuation of utilizing these ideas in teacher curriculum and all staff interactions with kids will be a focus

Plan for 2018-19

New Strategy for 18-19:

Strategy: PBiS Behavior Action Team

■ Action Steps:

- Formalize the process for behavior referrals/data as well as attendance data/procedures and incorporate an EWS (Early Warning Signs) process
- Formalize behavior pyramids (Tier 1, 2, and 3)
- All staff will have a common language for redirection
 - Stop & Think...
 - Are you going to make a good or bad choice?
 - Do you need help making a good choice?
- Explore Skillstreaming by Eileen McGinnis, as a Tier 3 resource K-12 for students who struggle behaviorally/socially