



REQUIREMENTS TO PRACTICE CHECKLIST

Name: _____

Sport: _____ Season: _____

All student-athletes are required to have a tryout card in order to practice/tryout. When paperwork and payment is received tryout cards will go directly to the coach. In order to receive a tryout card, student-athletes must submit all the required paperwork and fees. This includes the following:

- Code of Conduct** – Must be signed by both student and parent
- Physical/Health Questionnaire** – Must be completely filled out and valid (completed after April 15, 2023)
- Risk and Release Form** – Must be completely filled out and signed by student and parent.
- Concussion Awareness Form**- Read materials and must be signed by student and parent.
- Activity Fee** – Form completed and payment submitted. Any student-athlete that qualifies for free or reduced lunch will be reimbursed. If a student tries out for a team and does not make it, the fee will be fully refunded.

Once all of this information is submitted and on file a tryout card will be given to the appropriate coach.

Students will not be permitted to practice unless all paperwork and payment is turned in.